

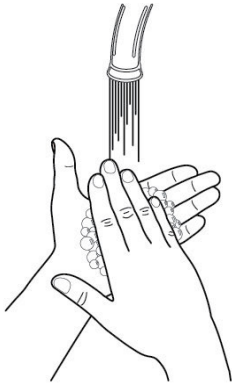
# Cleaning feeding equipment

## For babies under 4 months old

Sanitize feeding equipment before use. Feeding equipment is not fully sanitized until it has been boiled or sanitized in a dishwasher with the sanitize cycle or sanitized in a steam sanitizer.

If you don't use the sanitized bottles right away, wait until they are completely dry and then fully assemble them so the inside stays clean. Store all feeding equipment in a clean, protected area.

### Sanitize by boiling



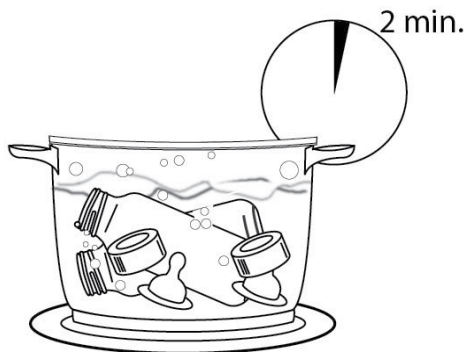
- ① Wash your hands with soap and water for at least 20 seconds.



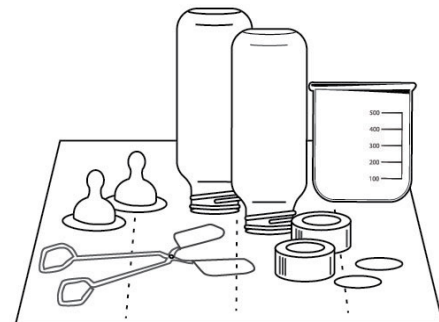
- ② Clean the feeding equipment and working area with hot soapy water. Then rinse in clean water.



- ③ Put all the feeding equipment in a large pot. Cover the items with water.



- ④ Bring to a continuous rolling boil, in an uncovered pot, for **2 minutes**.



- ⑤ Remove the feeding equipment with tongs that have been boiled. Put the items on a clean towel or paper towel. Let cool.

### Sanitize by dishwasher or steam sanitizer

A dishwasher with the National Sanitation Foundation (NSF) symbol can be used to sanitize the feeding equipment if the sanitize cycle is used. You can check online to see if the dishwasher is NSF certified. You can also use an electric or microwave steam sanitizer (including microwave steam bags). Follow the instructions for the sanitizer you use.