Is your baby getting enough breastmilk?

You can tell if your baby is getting enough breastmilk by the number of wet and dirty diapers they have:

Age	Wet diapers in 24 hours	Stools in 24 hours
Birth–24 hours old	▪ at least 1 small, wet diaper ▪ small amounts of dark orange or rusty looking urine	▪ at least 1 meconium stool
24–48 hours old	▪ at least 2 small, wet diapers ▪ small amounts of dark orange or rusty looking urine	▪ at least 1 meconium stool, each the size of the palm of your baby's hand or larger
48–72 hours old	▪ at least 3 wet diapers ▪ small amounts of dark orange or rusty looking urine	▪ at least 3 black, green-yellow (transitional) stools, each the size of the palm of your baby's hand or larger
3–5 days old	▪ at least 4 large, heavy wet diapers every 24 hours ▪ amount of urine will increase and turn a light yellow and clear	▪ Day 3: at least 3 black, green-yellow stools, each the size of the palm of your baby's hand or larger ▪ Day 4 and 5: at least 4 yellow, seedy stools every day, each the size of the palm of your baby's hand or larger
6–7 days and older	▪ at least 6 large, heavy wet diapers every day	▪ at least 4 yellow seedy stools every day, each the size of the palm of your baby's hand or larger ▪ after 4 weeks, your baby's stools continue to be soft, yellow, seedy and easy to pass. After this, the frequency will vary with age.