Parenting Goals

Raising a child is one of the most important things you'll ever do. When children are young, it's very common for parents to focus on what happens day-to-day. However, parenting is not a sprint—it's a long-distance run. Take a few minutes to think about your long-term goals for you and your child.

Long-term goals

What kind of person do you hope your child will grow up to be? What qualities and characteristics do you hope to see when your child is an adult?

What kind of relationship do you want to have with your child when they're an adult?

What kind of a parent do you want to be—today and when your child is grown?

If you parent with someone else, ask about their goals. How will you work together?

When you have an idea of what you wish to achieve, list a few things you can do to help get you there.

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